



# Instructions for the Patient

## Before the Intervention:

- On the day of the operation, you are advised not to wear make-up or nail varnish, nor to use day cream.
- On the day of the operation, you are advised not to wear contact lenses.
- On the day of the operation, you are advised not to wear any jewellery.
- On the day of the operation, you are advised to wear ample, comfortable clothes which, in order to be taken off, do not have to be pulled over your head.
- During the morning before the intervention, your hair must be washed with a disinfectant soap of the Hibiscrub, Uni-Cura or Betadermyl variety (available from chemists).

**After the Intervention:**

- In the event of pain, you are advised to take some Dafalgan (Paracetamol) at a maximum rate of one tablet of 1gr, four times a day.
- For two days, the wounds must remain protected from water and shampoo.

# QUESTION?

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